Issue 002 | May 8, 2020

COLUMBIA COLLEGE

The Friday Five



Take Five Minutes for College Updates

Happy Friday, Columbia College staff! Each Friday while we are working beyond College Walk we will deliver a weekly staff communication. Catch up on College news and find opportunities to interact with other staff members and teams.

What's Happening

Here you'll find program updates from teams and departments and news about on-campus developments.

Updates from Kavita Sharma, Dean, Center for Career Education

Career Counseling: CCE is operating fully remotely and meeting students via Zoom or phone. We're encouraging seniors to stay connected with us after finals as

they continue to job search. We serve alumni for life. We can also help students and alumni with conversations they are having with employers. We are finding that students are currently using career counseling appointments for anything from career exploration and practice interviews to job search and summer planning. Career counseling sessions are the best way for a student to get personalized support with their career needs.

Employer Relations: Our top priority has been connecting with students and employers. Our work with employers indicates that the outlook is currently not as bleak as predicted — employers have adapted to offer virtual internships, delayed start dates, and shorter experiences. Some have been in touch to explore new recruiting relationships and to prepare for fall recruiting. While some summer opportunities — especially with small startups and not-for-profit organizations — have been canceled outright. The industries especially hard hit are travel, leisure, and lifestyle brands. The larger global brands, as expected, have managed to weather this storm so far. Top industries posting roles in LionSHARE are currently internet & software, not-for-profit (it's a great time to be an e-volunteer), education, and healthcare & government. We have had over 2,000 postings added to our job board in the last 30 days.

New Virtual Programs: CCE is offering many virtual opportunities for students to connect with employers and counselors over the next few weeks. Our aim is to help students continue to build their professional skills and learn about different careers. They can make <u>one-on-one virtual appointments</u> with a career counselor or attend a Fridays For Your Future skill-building workshop over Zoom. They can also meet with industry professionals across finance, consulting, startups, media and communications in our <u>Networking from Home</u> series. Additionally, we are matching students with alumni to practice virtual interview skills. If students have secured a summer internship, research, or volunteer opportunity, they can apply to the <u>CCE</u> <u>Alumni Mentoring Program (CAMP)</u> which will match them with an alumni mentor. CAMP also provides professional development training and ongoing support while connecting students with a cohort. Finally, we are maintaining up to date information for students through our <u>CCE COVID Updates</u> webpage, <u>Weekly</u>. <u>Roundup</u> and posts on our center's blog, <u>In The Know</u>, and <u>Insider Info</u>, a curated selection of employer insight exclusively for Columbia students.

Summer Funding Programs: CC/SEAS Summer Funding programs are moving forward, with some changed guidelines and a new deadline of May 15th. Later this month we will launch our Beyond Columbia Survey, gathering post-graduation destination data, and extend continued support to the Class of 2020. We are also in the process of considering new initiatives to support our most impacted students in the FLI and international community.

Congratulate the Class of 2020

Share a congratulatory message for the Class of 2020 from staff and offices! Use this webform to submit messages of celebration for grads for the live social media

display as part of Virtual Class Day. On the day of the ceremony, you can also send a message with the hashtags **#CC20STILLROARS** and **#MYCCJOURNEY** to be included.

Stay Connected

Learn new skills and exchange creative ideas for managing our new realities.

Zoom@Noon!

This week we will have two sessions:

Take A Break: Midday Stretch and Reset - Tuesday, May 12, noon - 12:45 pm

Facilitator: Kevin Myers, MS, AEP, ATC

Take a midday break and reset with Columbia's Campus Ergonomist. The session includes stretches to lengthen and soothe muscles, followed by guided imagery meditation to relax the mind and body.

Join Zoom Meeting

Public Health Considerations for Planning Columbia's Recovery and Reopening - Thursday, May 14, noon - 12:45 pm

Discussion and Q&A with Dr. Melanie Bernitz, Columbia Health Associate VP and Medical Director

Join Dr. Bernitz to learn about the factors the University's Public Health Working Group is taking into consideration on how best to plan for a return to campus. Specific questions can be chatted during the session and a moderator will put forth to Dr. Bernitz as many as time will allow.

Join Zoom Meeting

Shared Interest Groups

The Arts, Travel and Culture Shared Interest Group would like to share some amazing free virtual resources:

- <u>20 Amazing Places You Can Visit Without Leaving Home</u> click on virtual experiences under each destination's photo and description
- <u>Virtual Tours of Museums Around The World</u>
- Exploring Culture in Virtual Reality

Friday Fun



Email sent by **Columbia College** 1130 Amsterdam Avenue, Hamilton Hall New York, NY, 10027, USA Last week we asked you to share your favorite aspects of working from home; take a look at this link to see what your colleagues' new "office spaces" are like!

This week, share a virtual arts event or travel activity you have taken part in over these past few weeks via email to ccprofessionaldevelopment@columbia.edu. We'll share the results for inspiration!

This weekly email was sent to ah2733@columbia.edu because you are on staff at Columbia College. <u>Update Profile</u>

Columbia College 2020 © All rights reserved.